

*Course overview*  
*Ultra-Trail Harricana*  
**28K**



# Course overview 28K Ultra-Trail Harricana



## **From the start (Mt. Grand-Fonds) to 2th km (summit of Mt. Grand-Fonds)**

### **Difficulty: Difficult**

Trail description: Start the course by climbing Mont Grand-Fonds. Thirty minutes at a steady walk on the ski run will take you to the top of the mountain. (1,060 ft+ / 323 m+)

## **2th km (summit of Mt. Grand-Fonds) to 9.6th km**

### **Difficulty: Easy**

Trail description: Get your breath back after a difficult ascension along this wide, rolling logging road. This is a good section to pick up speed and move up a few spots.

## **9.6th km to km 12.6th km: Complete aid station SPLIT**

### **Difficulty: Difficult**

Trail description: There isn't much elevation gain in this section, but don't underestimate it! There's a long, single-track portion that's quite technical, requiring some careful footwork through rocks and roots. You'll come to an ATV trail and stay on that until the SPLIT station.

## **12.6th km to 20th km: Complete aid station Montagne Noire**

### **Difficulty: Difficult and easy**

Trail condition: ATV trail, narrow at times. This is the last uphill segment of your race heading to Montagne Noire for 3 km. You will see the cellular antennas at the summit – but don't worry – you won't have to climb that high. You are now in a wide trail. The ground here is lichen, pleasant and vast. You will end this section on a motor road for 2 km.

## **20th km to 28th km (finish)**

### **Difficulty: Easy**

Trail condition: Descending ATV and forest trail. The trail is wide, but be careful on your way down. After 2 km of trails, you will merge to a motor road. Watch out for vehicles, because you might be tired and lack concentration.

You continue through the rolling mounds of a cross-country skiing trail. This is a humid environment and depending on the rainy season, you will have to dodge or cross through mud.