

*Course overview*  
*Ultra-Trail Harricana*  
**65K**





# Course overview 65K Ultra-Trail Harricana



## **Starting line to 7th km : Complete aid station Geai-Bleu**

### **Difficulty: Easy**

Trail condition: The next section takes you into the forested hills near the Malbaie River. The Geai Bleu aid station is a few kilometers away. The next section will be more difficult, so conserve your energy.

## **7th to 22nd km: Complete aid station Coyote**

### **Difficulty: Very difficult**

Trail condition: The trail is humid and narrow. You'll follow a creek up 500m E+. You will face mud, bridges, beaver dams and majestic lakes. You are now deep into the dense boreal forest. Be patient, you will be rewarded at the end, at the Coyote aid station.

## **22nd to 41th km: Complete aid station Épervier**

### **Difficulty: Easy**

Trail condition: This section is split in two. The trail starts out narrow and technical in some places, before opening up onto an easy ATV trail.

The second part is technical and narrow segment with no elevation. Keep going, you're almost at the l'Épervier aid station. The last kilometre of this section is on a logging road. L'Épervier is an aid station with accessible cellular signal.

## **41th to 48th km: Complete aid station SPLIT**

### **Difficulty: Difficult**

Trail condition: Long and narrow. This is the last segment that requires this much concentration and agility. You will climb 200m E+ and then descend. You will complete the technical section with momentum, to finish the last kilometre on an ATV trail. The SPLIT station is 15km away from the finish line.

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## **48th to 55th km: Complete aid station Montagne Noire**

### **Difficulty: Difficult and easy**

Trail condition: ATV trail, narrow at times. This is the last uphill segment of your race heading to Montagne Noire for 3km. You will see the cellular antennas at the summit – but don't worry – you won't have to climb that high. You are now in a wide trail. The ground here is lichen, pleasant and vast. You will end this section on a gravel road for 2km.

## **55th to 63th km (finish)**

### **Difficulty: Easy**

Trail condition: Descending ATV and forest trail. The trail is wide, but be careful on your way down. After 2km of trails, you will merge to a motor road. Watch out for vehicles, because you might be tired and lack concentration.

You continue through the rolling mounds of a cross-country skiing trail. This is a humid environment and depending on the rainy season, you will have to dodge or cross through mud. There's the finish line. You are now a UTHC ultra runner.